

Our school's aims are in line with this view, and, furthermore, we believe that it is essential to encourage cooperation with universities, educational facilities and other institutions, solely in order to improve the possibilities that students have. Recently we have even extended our presence internationally, by hosting an exchange program with a high school in Washington State.

Here is a more detailed analysis of the aforementioned General and Integrated courses available to students at Chuo High School.

The General Education Course:

The General Education Course is divided into a "Humanities course" and a "Natural Science course" from the 2nd grade. Students who are interested in various human matters within society, such as government and culture, can choose the humanities course. The Natural Science course is chiefly natural scientific topics such as Mathematics, Science, and English, amongst others. Fundamental laws and theoretical ideas are passionately taught and learnt in this course

The Integrated Course:

The Integrated Course is separated from the second grade into these specifications:



#### ☐ Information science course

Students interested in international economics, regional economics, and Enterprise Management, etc., can join this course. An understanding of the mechanisms of society and wide economic knowledge will be developed. Also, senior corporate accounting qualifications and information processing management skills can also be acquired.

#### ☐ Home Economics course

Students can learn about the production of clothes, food preparation and child care, starting with the basics and moving up to practical application throughout the course. Talented students can contribute to local businesses by acquiring the skills that are necessary for creating and making the best use of their abilities. Often graduates will go on to even more specialized and detailed work in these various fields.



#### ☐ Art and design course

Tsuruoka Chuo Senior High school is the only school in the Shonai region to offer courses in art and design. Courses in design and art, such as painting, sculpting, ceramic arts, graphics, product design, and so on, are learnt from the base up, encouraging students to attend colleges to further develop their knowledge, creativity and talent.



#### ☐ Social welfare course

Through actual volunteering and practicum, students can learn how to care for people in need. Learning both theory and the practical application of care, students are equipped to work in areas of nursing and special aid. The nursing welfare state qualification can be acquired at the same time as graduating if students choose to attempt it.

#### ☐ International course

As well as English, students can also choose to study either Russian or Chinese. In this course, students develop knowledge about overseas culture, and through international exchange and cross-cultural experiences, students will also improve their language abilities. Essentially, this course allows students to develop their talents for languages, while at the same time encouraging them to develop a global perspective.

#### School Clubs

Chuo offers a wide variety of clubs for students to participate in. These include: track and field sports, baseball, soccer, basketball, volleyball, badminton, soft tennis, softball, table tennis, rhythmic gymnastics, archery, kendo, judo, Japanese archery, music for wind instruments, chorus, art, calligraphy, drama, flower arrangement, tea ceremony, volunteering, cooking, word processing, public entertainment (such as Japanese drumming), and English club, amongst others.

To further add to an already wide range of activities, here at Chuo we appreciate cooperation with local universities. Currently, there are about ten students who are working as research assistants for a bioscience research project at the adjacent Keio University.

