

2023年度 山形県立鶴岡中央高等学校 ソフトテニス部 年間計画・実績表

記入の仕方 ・「時間」には活動時間（h）を記入すること ・「休養日」には設定した日に「1」を入力すること  
・「特記事項」には学校行事や大会等を具体的に記載すること

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Table for April (4月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes events like '入学式' and 'PTA総会'.

Summary table for April showing planned and actual rest days and average activity times for weekdays and weekends.

Table for May (5月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '地区総体' and '4/30代休'.

Summary table for May showing planned and actual rest days and average activity times for weekdays and weekends.

Table for June (6月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '試験前' and '中央祭'.

Summary table for June showing planned and actual rest days and average activity times for weekdays and weekends.

Table for July (7月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '中央祭' and '海の日'.

Summary table for July showing planned and actual rest days and average activity times for weekdays and weekends.

Table for August (8月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '山の日閉庁日' and '夏季休業'.

Summary table for August showing planned and actual rest days and average activity times for weekdays and weekends.

Table for September (9月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '地区新人' and '秋分の日'.

Summary table for September showing planned and actual rest days and average activity times for weekdays and weekends.

Table for October (10月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '9/23代休' and 'PTA総会'.

Summary table for October showing planned and actual rest days and average activity times for weekdays and weekends.

Table for November (11月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '修学旅行' and '県新人大会'.

Summary table for November showing planned and actual rest days and average activity times for weekdays and weekends.

Table for December (12月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '中間試験' and '探究学習発表会'.

Summary table for December showing planned and actual rest days and average activity times for weekdays and weekends.

Table for January (1月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '閉庁日' and '成人の日'.

Summary table for January showing planned and actual rest days and average activity times for weekdays and weekends.

Table for February (2月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '推薦入試準備' and '試験前'.

Summary table for February showing planned and actual rest days and average activity times for weekdays and weekends.

Table for March (3月) with columns for date, day, planned time, rest days, actual time, rest days, and special events. Includes '卒業式' and '合格発表'.

Summary table for March showing planned and actual rest days and average activity times for weekdays and weekends.

平日休養日

Boxed table showing planned and actual rest days and average activity times for weekdays and weekends for the entire year, with '116' and '66' highlighted.

休養日合計

Boxed table showing planned and actual rest days and average activity times for the entire year, with '182' highlighted.

実績